Belgian Scientific Committee:
• Université catholique de Louvain (Pr N. Zdanowicz)
• Universiteit Gent (Pr C. Baeken)
• Université Libre de Bruxelles (Pr V. Delvenne)
• Vrije Universiteit Brussel (Pr C. Baeken & Dr S. Hermans)
• Société Royale de Medecine Mentale

International Committee
• Cambridge University (Dr M. Agius & R. Zaman)
• Psychiatric Studies Centre - Cen.Stu.Psi (Italy) (Dr G. Tavormina)

Date & venue
9>11 September 2016, pavillon des conférences, Clos Chapelle aux Champs 19, 1200 Brussels

Sponsors
Pfizer - Eurogenerics - KRKA - Lundbeck - CH Ambroise - Paré Chêne aux Haies - Tilman

Registration (Lunch and coffee break included)
- Psychiatrist : 200 € for the 3 days by bank transfer with communication : name(s) + registration
- Student : 100 € for the 3 days only with a scan of valid student card sent to jean.pierre.felix@skynet.be, by bank transfer with communication : name(s) + registration

IBAN : BE81 7320 3853 5424 Name of the account : CONGRES PSY UCL
BIC : CREGEBBB CBC Bank
On site 250 €

Website:
evenements.chuclnamur.be

Organisers and Contacts
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J.P. Felix (jean.pierre.felix@skynet.be)

with the collaboration of

National Accreditation and Accreditation with ETHIC point for ethic sessions
Friday 9 September

Opening
Pr Baeken C., Universitair Ziekenhuis Gent & Brussels, Belgium

Bipolar Disorder
Chair: Dr Tecco J., CHUP Mons-Borinage, CHU Ambroise Paré, Mons, Belgium

09:00 – 09:15  Bipolar Disorder and Early Affective Trauma.
Tecco J. CHUP-Mons Borinage, CHU Ambroise Paré, Mons, Belgium

09:15 – 09:30  An approach to treat bipolar disorders mixed states: additional proposals for a guide-line.
Tavormina G. President of Psychiatric Studies Centre, Brescia, Italia

09:30 – 09:45  Risk and efficacy in cognitive functions in BD II with atypical antipsychotic augmentation
Franza F. Consultant Mental Health Dept. “Villa dei Pini” Avellino, Italia

09:45 – 10:00  Bipolar Disorder, Suicide rates and mixed states.
Annear D. University of Cambridge, United Kingdom

10:00 – 10:15  Cardiovascular diseases in Patients with Bipolar disease.
Jesus I. Charles University Prague, Czech republic

10:15 – 10:30  Discussion

10:30 – 11:00  Coffee break

Psychosis
Chair: Pr Delvenne V., Université Libre de Bruxelles, CHU des Enfants Reine Fabiola, Bruxelles, Belgium

11:00 – 11:15  Review of differential psychosis rates in different ethnic groups
Ngaage M., University of Cambridge, United Kingdom

11:15 – 11:30  Update on meta-analysis of treatment in Prodrome
Deas G., University of Cambridge, United Kingdom

11:30 – 11:45  Psychopathological characteristics of patients with first-episode psychosis and chronic schizophrenia: a descriptive comparison SHORT
Del Bello V., Psychiatrist in training, University of Perugia, Italy

11:45 – 12:00  The role of selective estrogen receptor modulators in the treatment of schizophrenia
Bratek A., Dpt of Psychiatry and Psychotherapy, Medical University of Silesia, Katowice, Poland

12:00 – 12:30  Discussion

12:30 – 14:00  Lunch
**Child and adolescent**
Chair: Pr Gorgieff N., Université Lyon 1 Claude Bernard, France

14:00 – 14:15  News in autism: some critical issues  
*Gorgieff N., Université Lyon 1 Claude Bernard, France*

14:15 – 14:30  Understanding the prevalence of ‘legalhigh’ misuse in early adulthood  
*Morris B. University of Cambridge, United Kingdom.*

14:30 – 14:45  Emotional competence and eating disorders  
*Goffinet S., La Ramée Hospital, Epsylon network, Brussels, Belgium*

14:45 – 15:00  Gaming as a therapeutic tool in adolescence: experience of Institutional Therapy  
*Descamps G., Université catholique de Louvain, CThA, Bruxelles, Belgium*

15:00 – 15:15  New politics on child and adolescent psychiatry  
*Delvenne V., Université Libre de Bruxelles, CHU des Enfants Reine Fabiola, Bruxelles, Belgium*

15:15 – 15:20  Catatonia in adolescence  
*Beudin C., Université Libre de Bruxelles, CHU des Enfants Reine Fabiola, Bruxelles, Belgium*

15:20 – 15:25  News in early intervention in autism  
*Geoffray MM., ITTAC, CH le Vinatier Lyon, France*

15:25 – 15:30  Transmissions of the psychic trauma of mother to baby  
*Thevenet M., ITTAC, CH le Vinatier Lyon, France*

15:30 – 16:00  Discussion

16:00 – 16:30  Coffee break

**ETHICS I**
Chair: Goffinet S., La Ramée Hospital, Epsylon network, Brussels, Belgium

16:30 – 16:45  Stigma in Malta and the Mediterranean - a historical view  
*Agius M., University of Cambridge, United Kingdom*

16:45 – 17:00  Are SSRIs responsible for precipitating suicidal ideation in teenagers with ‘sub-syndromal’ bipolar affective disorder who have been misdiagnosed with unipolar depression?  
*Hogg S. University of Cambridge, United Kingdom*

17:00 – 17:15  Public conceptions of mental illness  
*Wilczynski K., Students’ Scientific Association, Medical University of Silesia, Katowice, Poland*

17:15 – 17:30  DSM: what else?!  
*Schepens P., Clinique de la Forêt de Soignes (Silva Médical), Waterloo, Belgium*

17:30 – 18:00  Discussion
**Addictions**
Chair: Dr Herremans S., Universitair Ziekenhuis Gent, Belgium

08:45 – 09:00 Neuromodulation in addiction: an update
*Herremans S., Universitair Ziekenhuis Gent, Belgium*

09:00 – 09:15 Continued care following alcohol detoxification in Belgium: the 2015 ICArUS survey
*Zeeuws D., Universitair Ziekenhuis Brussel, Belgium*

09:15 – 09:20 Tryptophan metabolism in alcohol-dependent patients
*Verplancke T., Université catholique de Louvain, Saint-Luc, Brussels, Belgium*

9:20 – 9:25 Childhood Obesity: On The Rise In Many Countries
*Juli MR., Psychologist, Foggia, Italy*

09:25 – 09:30 The social networks: new challenge or new addiction?
*Colucci A., Psychologist, Napoli, Italy*

09:30 – 09:45 Discussion

**PFIZER SATELLITE SYMPOSIUM**

09:45 – 10:20 Managing major depressive disorder in older adults
*Sajatovic M., Professor of Psychiatry and Neurology, University Hospitals Case Medical Center, Cleveland, USA*

10:20 – 10:30 Discussion

10:30 – 11:00 Coffee break

**rTMS**
Chair: Pr Zaman R., University of Cambridge, United Kingdom

11:00 – 11:15 TMS in ADHD
*Zaman R., University of Cambridge, United Kingdom*

11:15 – 11:30 Effects of High Frequency Repetitive Transcranial Magnetic Stimulation (HF-rTMS) of the left Dorsolateral Prefrontal Cortex (DLPFC) on peripheral white blood cells
*Van Eycken S., Universitair Ziekenhuis Brussel, Belgium*

11:30 – 11:45 The effect of rTMS protocols on central and periferal BDNF in healthy dogs
*Dockx R., Universitair Ziekenhuis Gent, Belgium*

11:45 – 12:00 The effect of technical stimulation parameters in prefrontal tDCS research on cognition: stimulation dose-dependency in healthy and psychiatric cohorts
*Dedoncker J., Universitair Ziekenhuis Gent, Belgium*

12:00 – 12:30 Discussion

12:30 – 14:00 Lunch
**Free Communications**

*Chair: Pr Matthijs F., Universitair Ziekenhuis Brussel, Belgium*

14:00 – 14:15  Management of ADHD and SUD: implementation of a guideline  
*Matthijs F., Universitair Ziekenhuis Brussel, Belgium*

14:15 – 14:30  CBT/DBT skills training for adults with ADHD  
*Cole P., Dpt of Mental Health and Psychiatry, University Hospital of Geneva, Switzerland*

14:30 – 14:45  Epidemiology of serious mental health in Malta  
*Grech A., Dpt of Health, University of Malta, Malta*

14:45 – 15:00  The new functional identity: a body that thinks, a mind that feels  
*Spurio MG., Psychologist, Roma, Italy*

15:00 – 15:15  Implementation of the Motek Caren system in behavioural therapy of patients with anxiety disorders  
*Krysta K., Dpt of Rehabilitation Psychiatry, Medical University of Silesia, Katowice, Poland*

15:15 – 15:30  Film on joint education of trainee GPs and Psychiatrists  
*Butler S., University of Cambridge, United Kingdom*

15:30 – 16:00  Discussion

16:00 – 16:30  Coffee break

**ETHICS II**

*Chair: Dr Jacques D., Université catholique de Louvain, CHU UCL Namur, Belgium*

16:30 – 16:45  Bariatric surgery ethical aspect in liaison psychiatry  
*Jacques D., Université catholique de Louvain, CHU UCL Namur, Belgium*

16:45 – 17:00  An ethical project: thinking to mood disorders and psychiatric disorders as “normal” illness - First data from the questionnaire on social stigma  
*Tavormina R. Mental Health Dept. of Torre del Grec, – Napoli (Italy).*

17:00 – 17:15  Social welfare in mental health department for a good clinical practice  
*Amorosi M., Consultant Mental Health Dpt, Pescara, Italy*

17:15 – 17:30  Neurobiological effects and ethical questions on accelerated neurostimulation  
*Baeken C., Universitair Ziekenhuis Gent, Universitair Ziekenhuis Brussel, Belgium*

17:30 – 18:00  Discussion

19:30  Gala dinner (only on registration before the 15/7)
Sunday 11 September 2016

Drugs
Chair: Dr Tavormina G., President of Psychiatric Studies Centre, Italy

09:30 – 09:45  Use of drugs in dementia
   Eleti S., University of Cambridge, United Kingdom

09:45 – 10:00  Pharmacogenetics: does a personal therapy exist?
   Juli G., Biologist, Roma, Italy

10:00 – 10:05  Neurocognitive assessment in the primary negative symptoms of schizophrenia: a role of atypical antipsychotics
   Franzia F., Consultant Mental Health Dept. “Villa dei Pini” Avellino, Italia

10:05 – 10:10  Pain and antidepressant medication
   Jesus C., Charles University Prague, Czech Republic

10:10 – 10:15  Megadose Bromazepam dependence
   Bastide A., CHUP Mons-Borinage, CHU Ambroise Paré, Mons, Belgium

10:15 – 10:30  Discussion

10:30 – 11:00  Coffee break

Mood disorders and/or immunity
Chair: Pr Kornreich C., President of the Royal Society of Mental Medicine Belgium

11:00 – 11:15  Treating refractory depression: testing a combined treatment model using antidepressants, tDCS and mindfulness-based cognitive therapy
   Kornreich C., Université Libre de Bruxelles, Belgium

11:15 – 11:30  Comparison of components of the depression of hospitalized patients admitted through the emergency department or consultations
   Zdanowicz N., Université catholique de Louvain, CHU UCL Namur, Belgium

11:30 – 11:35  Evaluation of the cortisol levels in patients with mental disorders
   Tobolska D., Students’ Scientific Association, Medical University of Silesia, Katowice, Poland

11:35 – 11:40  Immunity, coping and depression
   Manceaux P., Université catholique de Louvain, CHU UCL Namur, Belgium

11:40 – 11:45  Humoral immunity, family and depression
   Dubois T., Université catholique de Louvain, CHU UCL Namur, Belgium

11:45 – 11:50  Comparison of MHLC and Coping Mechanism on hospitalised depressed patients admitted through emergency room or consultation dpt
   Gigot C., Université catholique de Louvain, CHU UCL Namur, Belgium

11:50 – 11:55  Depression, gender and cellular immunity: influence of sex and severity of depression on the cellular immunity
   Fagniart M., Université catholique de Louvain, CHU UCL Namur, Belgium
11:55 – 12:30 Discussion

12:30 Closing
Pr Reynaert Ch., Université catholique de Louvain, CHU UCL Namur, Belgium