Friday 9 September

Child and adolescent
Chair: Pr Gorgieff N., Université Lyon 1 Claude Bernard, France

9:00 – 9:15 News in autism: some critical issues
Gorgieff N., Université Lyon 1 Claude Bernard, France

9:15 – 9:30 Are SSRIs responsible for precipitating mania in teenagers?
Hogg S., University of Cambridge, United Kingdom

9:30 – 9:45 Emotional competence and eating disorders
Goffinet S., La Ramée Hospital, Epsylon network, Brussels, Belgium

9:45 – 10:00 Gaming as a therapeutic tool in adolescence: experience of Institutional Therapy
Descamps G., Université catholique de Louvain, CThA, Bruxelles, Belgium

10:00 – 10:15 New politics on child and adolescent psychiatry
Delvenne V., Université Libre de Bruxelles, CHU des Enfants Reine Fabiola, Bruxelles, Belgium

10:15 – 10:20 Catatonia in adolescence
Beudin C., Université Libre de Bruxelles, CHU des Enfants Reine Fabiola, Bruxelles, Belgium

10:20 – 10:25 Multimodal emotional recognition in adolescents with externalised disorders
François A., Université Libre de Bruxelles, CHU Saint-Pierre, Bruxelles, Belgium

10:25 – 10:30 News in early intervention in autism
Geoffray MM., ITTAC, CH le Vinatier Lyon, France

10:30 – 10:35 Transmissions of the psychic trauma of mother to baby
Thevenet M., ITTAC, CH le Vinatier Lyon, France

10:35 – 10:50 Discussion

10:50 – 11:20 Coffee break

Psychosis
Chair: Pr Delvenne V., Université Libre de Bruxelles, CHU des Enfants Reine Fabiola, Bruxelles, Belgium

11:20 – 11:35 Review of differential psychosis rates in different ethnic groups
Ngaage M., University of Cambridge, United Kingdom

11:35 – 11:50 Update on meta-analysis of treatment in Prodrome
Deas G., University of Cambridge, United Kingdom

11:50 – 12:05 The salience framework in schizophrenia
Conci E., University of Cambridge, United Kingdom
12:05 – 12:10  Metabolic side effects of antipsychotics  
*Jesus I., Charles University Prague, Czech Republic*

12:10 – 12:15  Psychopathological characteristics of patients with first-episode psychosis and chronic schizophrenia: a descriptive comparison SHORT  
*Del Bello V., Psychiatrist in training, University of Perugia, Italy*

12:15 – 12:20  The role of selective estrogen receptor modulators in the treatment of schizophrenia  
*Bratek A., Dpt of Psychiatry and Psychotherapy, Medical University of Silesia, Katowice, Poland*

12:20 – 12:35  Discussion

12:35 – 14:00  Lunch

**Bipolar Disorder**  
Chair: Dr Tecco J., CHUP Mons-Borinage, CHU Ambroise Paré, Mons, Belgium

14:00 – 14:15  Bipolar disorder and early affective trauma  
*Belkacemi I., CHUP Mons-Borinage, CHU Ambroise Paré, Mons, Belgium*

14:15 – 14:30  Proposals for a guideline to treat bipolar disorders mixed states  
*Tavormina G., President of Psychiatric Studies Centre, Brescia, Italy*

14:30 – 14:45  Critical aspect of late-onset bipolar disorder: from nosology to treatment management  
*Cervone A., Mental Health Dpt, Napoli, Italy*

14:45 – 15:00  A 32-year old bipolar man called Banderas: a tangoARTherapy case report  
*d'Errico I., Psychiatrist, Psychotherapist, Bari, Italy*

15:00 – 15:15  Cognitive improvement in BP II with atypical antipsychotics: an open study  
*Franza F., Consultant Mental Health Dpt, “Villa dei Pini”, Avellino, Italy*

15:15 – 15:30  Utilization of Long-Acting Injectable (LAI) antipsychotics in bipolar disorders patients with low-response to other mood-stabilisers  
*Stranieri G., Mental Health Dpt, Catanzaro, Italy*

15:30 – 15:35  Bipolar disorder in pregnancy: should we use Lithium?  
*Kamenou I., University of Cambridge, United Kingdom*

15:35 – 15:40  Bipolar disorder, suicide rates and mixed states  
*Annear D., University of Cambridge, United Kingdom*

15:40 – 16:00  Discussion

16:00 – 16:30  Coffee break
**ETHICS I**

**Chair: Dr Agius M., University of Cambridge, United Kingdom**

16:30 – 16:45 Stigma in Malta and the Mediterranean - a historical view  
*Agius M., University of Cambridge, United Kingdom*

16:45 – 17:00 The ethics and neurobiology of treating young patients with antidepressants  
*Agius M., University of Cambridge, United Kingdom*

17:00 – 17:15 Public conceptions of mental illness  
*Wilczynski K., Students' Scientific Association, Medical University of Silesia, Katowice, Poland*

17:15 – 17:30 DSM: what else?!  
*Schepens P., Clinique de la Forêt de Soignes (Silva Médical), Waterloo, Belgium*

17:30 – 18:00 Discussion

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**Saturday 10 September**

**Addictions**

**Chair: Dr Herremans S., Universitair Ziekenhuis Gent, Belgium**

8:45 – 9:00 Neuromodulation in addiction: an update  
*Herremans S., Universitair Ziekenhuis Gent, Belgium*

9:00 – 9:15 Continued care following alcohol detoxification in Belgium: the 2015 ICArUS survey  
*Zeeuws D., Universitair Ziekenhuis Brussel, Belgium*

9:15 – 9:20 Tryptophan metabolism in alcohol-dependent patients  
*Verplancke T., Université catholique de Louvain, Saint-Luc, Brussels, Belgium*

9:20 – 9:25 How to prevent obesity: changing the life-style  
*Juli MR., Psychologist, Foggia, Italy*

9:25 – 9:30 The social networks: new challenge or new addiction?  
*Colucci A., Psychologist, Napoli, Italy*

9:30 – 9:45 Discussion

**PFIZER SATELLITE SYMPOSIUM**

9:45 – 10:20 Managing major depressive disorder in older adults  
*Sajatovic M., Professor of Psychiatry and Neurology, University Hospitals Case Medical Center, Cleveland, USA*

10:20 – 10:30 Discussion

10:30 – 11:00 **Coffee break**
**rTMS**

**Chair: Pr Zaman R., University of Cambridge, United Kingdom**

11:00 – 11:15  
TMS in ADHD  
*Zaman R., University of Cambridge, United Kingdom*

11:15 – 11:30  
Effects of High Frequency Repetitive Transcranial Magnetic Stimulation (HF-rTMS) of the left Dorsolateral Prefrontal Cortex (DLPFC) on peripheral white blood cells  
*Van Eycken S., Universitair Ziekenhuis Brussel, Belgium*

11:30 – 11:45  
The effect of rTMS protocols on central and peripheral BDNF in healthy dogs  
*Dockx R., Universitair Ziekenhuis Gent, Belgium*

11:45 – 12:00  
The effect of technical stimulation parameters in prefrontal tDCS research on cognition: stimulation dose-dependency in healthy and psychiatric cohorts  
*Dedoncker J., Universitair Ziekenhuis Gent, Belgium*

12:00 – 12:15  
Discussion

**12:30 – 14:00 Lunch**

**Free Communications**

**Chair: Pr Matthijs F., Universitair Ziekenhuis Brussel, Belgium**

14:00 – 14:15  
Management of ADHD and SUD: implementation of a guideline  
*Matthijs F., Universitair Ziekenhuis Brussel, Belgium*

14:15 – 14:30  
CBT/DBT skills training for adults with ADHD  
*Cole P., Dpt of Mental Health and Psychiatry, University Hospital of Geneva, Switzerland*

14:30 – 14:45  
Epidemiology of serious mental health in Malta - Consequences for developing a new psychiatric hospital and community psychiatry  
*Grech A., Dpt of Health, University of Malta, Malta*

14:45 – 15:00  
The new functional identity: a body that thinks, a mind that feels  
*Spurio MG., Psychologist, Roma, Italy*

15:00 – 15:15  
Family crimes inside the Italian families: a social or psychiatric problem?  
*Maierà E., Mental Health Dpt, Cosenza, Italy*

15:15 – 15:30  
Implementation of the Motek Caren system in behavioural therapy of patients with anxiety disorders  
*Krysta K., Dpt of Rehabilitation Psychiatry, Medical University of Silesia, Katowice, Poland*

15:30 – 15:45  
Film on joint education of trainee GPs and Psychiatrists  
*Butler S., University of Cambridge, United Kingdom*

15:45 – 16:00  
Harassment in working places between different public sectors  
*Urlic I., University of Split, Croatia*
16:00 – 16:05 Renal failure and Maslow’s hierarchy of needs  
*Lindsey I., University of Cambridge, United Kingdom*

16:05 – 16:20 Discussion

16:20 – 16:50 Coffee break

**ETHICS II**  
Chair: Dr Jacques D., Université catholique de Louvain, CHU UCL Namur, Belgium

16:50 – 17:05 Bariatric surgery ethical aspect in liaison psychiatry  
*Jacques D., Université catholique de Louvain, CHU UCL Namur, Belgium*

17:05 – 17:20 An ethical project: thinking to mood disorders and psychiatric disorders as “normal” illness - First data from the questionnaire on social stigma  
*Tavormina M., Mental Health Dpt, Napoli, Italy*

17:20 – 17:35 Social welfare in mental health department for a good clinical practice  
*Amorosi M., Consultant Mental Health Dpt, Pescara, Italy*

17:35 – 17:50 Neurobiological effects and ethical questions on accelerated neurostimulation  
*Baeken C., Universitair Ziekenhuis Gent, Universiteit Ziekenhuis Brussel, Belgium*

17:50 – 18:20 Discussion

19:30 Gala dinner

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**Sunday 11 September 2016**

**Drugs**  
Chair: Dr Tavormina G., President of Psychiatric Studies Centre, Italy

9:30 – 9:45 Use of drugs in dementia  
*Eleti S., University of Cambridge, United Kingdom*

9:45 – 10:00 Pharmacogenetics: does a personal therapy exist?  
*Juli G., Biologist, Roma, Italy*

10:00 – 10:05 Screening for metabolic syndrome in older patients with severe mental illness  
*Franza F., Avellino, Italy*

10:05 – 10:10 Pain and antidepressant medication  
*Jesus C., Charles University Prague, Czech Republic*

10:10 – 10:15 Megadose Bromazepam dependence  
*Bastide A., CHUP Mons-Borinage, CHU Ambroise Paré, Mons, Belgium*

10:15 – 10:30 Discussion

10:30 – 11:00 Coffee break
Mood disorders and/or immunity
Chair: Pr Kornreich C., President of the Royal Society of Mental Medicine Belgium

11:00 – 11:15  Treating refractory depression: testing a combined treatment model using antidepressants, tDCS and mindfulness-based cognitive therapy
  *Kornreich C., Université Libre de Bruxelles, Belgium*

11:15 – 11:30  Comparison of components of the depression of hospitalized patients admitted through the emergency department or consultations
  *Zdanowicz N., Université catholique de Louvain, CHU UCL Namur, Belgium*

11:30 – 11:35  Evaluation of the cortisol levels in patients with mental disorders
  *Tobolska D., Students’ Scientific Association, Medical University of Silesia, Katowice, Poland*

11:35 – 11:40  Immunity, coping and depression
  *Manceaux P., Université catholique de Louvain, CHU UCL Namur, Belgium*

11:40 – 11:45  Humoral immunity, family and depression
  *Dubois T., Université catholique de Louvain, CHU UCL Namur, Belgium*

11:45 – 11:50  Comparison of MHLC and Coping Mechanism on hospitalised depressed patients admitted through the department or consultations
  *Gigot C., Université catholique de Louvain, CHU UCL Namur, Belgium*

11:50 – 11:55  Depression, gender and cellular immunity: influence of sex and severity of depression on the cellular immunity
  *Fagniart M., Université catholique de Louvain, CHU UCL Namur, Belgium*

11:55 – 12:10  Closing
  *Pr Reynaert Ch., Université catholique de Louvain, CHU UCL Namur, Belgium*